Newtongrange Community Directory

Prepared by community volunteers and Midlothian Council representatives working together for the Newtongrange Neighbourhood Plan



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PURPOSE OF DIRECTORY

This directory has been produced as a result of partnership work and consultation with the local community during the Neighbourhood Planning process. It is not intended to be a definitive document but rather to complement other directories or information provided by partner organisations. Suggestions for additional information are welcome. Please see last page for Midlothian Council Communities Team contact information if you wish to comment or make suggestions.

MAP OF NEWTONGRANGE COMMUNITY COUNCIL AREA



NGCD - Page 3 of 21 (last updated 27 March 2019)

TRAVEL AND TRANSPORT - BUS

Both Lothian Buses & Borders Buses serve the Newtongrange area. Bus timetables are available in all Midlothian libraries or at the website addresses listed below.



LOTHIAN BUSES

Service Numbers: 33, 29, N3 (Night bus)

Website: www.lothianbuses.com

2 0131 555 6363



BORDERS BUSES

Service Number: X95

Website: www.bordersbuses.co.uk/timetables

2 01896 754350

Email: info@bordersbuses.co.uk

- **Newbattle Community Learning Centre** has a Mini-Bus that can be hired by community groups. The driver must have a MIDAS permit.
- There are also services provided Lothian Community Transport Services (LCTS) R1, R2 & R4.
 131 663 0176, Website: http://www.lcts.org.uk/
 Email: info@lcts.org.uk/
- A self-drive service, open to drivers with a MIDAS permit, is also offered by LCTS out of their Newmills Road, Dalkeith depot. 2013 1663 0176
- A concessionary Scotland-wide free bus travel scheme was introduced in 2006. The scheme gives all permanent residents in Scotland free bus travel on and after their 60th birthday. Application forms are available in all Midlothian libraries and main Council offices. Once completed, the form must be handed in to any Midlothian library. The applicant needs to do this in person part of the validation process is to verify that the photo supplied is a true likeness of the applicant, and the librarian will do this when checking the form. There is no charge for this concessionary bus pass.
 - The concessionary Scotland-wide free travel scheme also applies to disabled people and those entitled to free travel for a companion. There is a separate application form with full details of who is eligible. Blank forms are available at all Midlothian libraries and council main offices. Completed forms (along with a passport-style colour photo and supporting documents) must be taken by the applicant in person to any Midlothian library. There is no charge for this concessionary bus pass.
 - A **Young Scot** card offers discounted travel for young people from their 16th birthday to the day before their 19th birthday. In Midlothian schools, the Young Scot card is offered to all on arrival at their High School. It is used in Midlothian schools for cashless catering and so most youngsters will have their Young Scot card from age 11 or 12. Most bus operators offer a commercial child fare from 5 to 15, and the Young Scot discount in effect extends this by a further three years. The discount is one-third off rounded to the nearest 5p below, so if the adult fare is £1, the Young Scot cardholder pays 65p [66.6p rounded down to 65p]. Midlothian children who attend schools outwith Midlothian can arrange their Young Scot card at any Midlothian library. For those in voluntary work, the Young Scot travel discount can be extended to the day before the cardholder's 26th birthday.
 - Queries about the concessionary schemes can be directed to any Midlothian library, or to the Travel Team at Midlothian House on 20131 561 5455 or Email: ptu@midlothian.gov.uk
- FORWARD MID Guide to community transport for people with disabilities

TRAVEL AND TRANSPORT - RAIL

The ScotRail service on the Borders Railway calls at the following stations: - Edinburgh Waverley - Brunstane - Shawfair - Eskbank - <u>Newtongrange</u> - Gorebridge - Stow - Galashiels - Tweedbank

Newtongrange Station is at 23 Murderdean Road, Newtongrange EH22 46 Dalhousie Road, Dalkeith EH22 4PE. **Website:** www.scotrail.co.uk/plan-your-journey/stations-and-facilities/neg

The station features;

- 24-hour customer help point system on the platform
- A ramp or path to provide step-free access
- One platform, with sheltered waiting area, for trains to both Edinburgh and Tweedbank
- Free car parking facilities for approx 56 vehicles
- 24 hour CCTV for both station and car park
- Sheltered cycle storage facilities for approx 20 bikes
- Automated ticket vending machines

There are no toilet facilities at the station.

Timetable enquiries can be made via the National Rail Enquiries line on 03457 48 49 50 (rail times only), or via the Traveline Scotland enquiry service on 0871 200 2233 (which can provide both rail and bus times for a multi-modal journey).

Seat reservations are free when a ticket is purchased for ScotRail services and are available up to 12 weeks in advance. Tickets can be purchased in advance at www.scotrail.co.uk or by calling 0344 811 0141 between 0700 and 2200, 7 days a week. All major credit/debit cards are accepted.

Disabled assitance can be arranged by calling 0800 912 2901 (or textphone 18001 0800 912 290 if you are hard of hearing).

PLUSBUS

An **Edinburgh PlusBus** ticket gives you *unlimited bus* & *tram travel* on nearly all Lothian Buses services and Edinburgh Trams, around the whole urban area of Edinburgh city and surrounding areas. See here for more details: http://www.plusbus.info/edinburgh

Free travel on the rail service is available to Saltire Card Holders with an 'eye' symbol (issued via the Scottish Blind Scheme) and all holders of a valid Midlothian Taxicard. Note the taxicard scheme has been closed to new entrants since April 2015. There is no free rail travel for Saltire Card Holders without an 'eye' symbol.

Discounted travel is available by purchasing any one of a series of railcards made available by the train operator such as the Senior Railcard or Scottish Youth Railcard. Further details are available via the ScotRail website on www.scotrail.co.uk

EDUCATION

EDUCATION - EARLY LEARNING AND CHILDCARE		
NEWBATTLE COMMUNITY NURSERY	CHILDMINDERS	
Newbattle Community Learning Centre	There are several childminders based in the	
67 Gardiner Place	Newtongrange area. For further details contact:	
NEWTONGRANGE, EH22 4RT	Midlothian Childcare Information Service	
≈ 07445 300319 or 0131 663 6055	2 0131 271 3754	
Email: newbattlecommunitynursery@outlook.com	Email: childcare@midlothian.gov.uk	
NEWTONGRANGE PRIMARY SCHOOL NURSERY	<u>WIZKIDZ</u>	
Sixth Street	20-24 Station Road	
NEWTONGRANGE, EH22 4LB	NEWTONGRANGE, EH22 4NB	
2 0131 271 4645	2 0131 660 0077	
Email: newtongrange.ps@midlothian.gov.uk	Website: www.wizkidz-nursery.co.uk/	
Website: http://newtongrange.mgfl.net/	Email: wizkidz1908@hotmail.com	
EDUCATION - PRIMARY		
The closest primary school is:	Students may also attend	
NEWTONGRANGE PRIMARY SCHOOL	ST ANDREWS PRIMARY SCHOOL	
Sixth Street	121 New Hunterfield	
NEWTONGRANGE, EH22 4LB	GOREBRIDGE, EH23 4NB	
☎ 0131 271 4645	☎ 01875 820133	
Email: newtongrange.ps@midlothian.gov.uk	Email: standrews.ps@midlothian.gov.uk	
Website: http://newtongrange.mgfl.net/	Website: http://standrews.mgfl.net/	
<u>interprinted in the state of t</u>		
NEWTONGRANGE AFTERSCHOOL CLUB	SALTERSGATE SCHOOL	
Newtongrange Primary School	3 Cousland Road	
Sixth Street	DALKEITH, EH22 2PS	
NEWTONGRANGE, EH22 4LB	1 0131 654 4703	
2 0131 561 9330	Email: saltersgate@midlothian.gov.uk/	
Email: newtongrangeasc1@yahoo.co.uk	Website: http://saltersgate.mgfl.net/	
Charity Number: SC031220		
EDUCATION - SECONDARY		
The closest secondary school is:	Students may also attend	
NEWBATTLE COMMUNITY HIGH SCHOOL	SALTERSGATE SCHOOL	
1 Newbattle Way	3 Cousland Road	
EASTHOUSES, EH22 4SX	DALKEITH, EH22 2PS	
, ,		
© 0131 663 561 6700	2 0131 654 4703	
Email: newbattle_hs@midlothian.gov.uk	Email: saltersgate@midlothian.gov.uk	
Website: <u>www.newbattle.org.uk</u>	Website: http://saltersgate.mgfl.net	
ST DAVID'S RC HIGH SCHOOL		
1 Cousland Road		
DALKEITH, EH22 2PS		
<i>-</i>		
Email: stdavids_hs@midlothian.gov.uk		
Website: www.stdavidshighschool.co.uk		

FURTHER EDUCATION

EDINBURGH COLLEGE - MIDLOTHIAN CAMPUS

The local campus (one of four campuses across the city) is located at:

46 Dalhousie Road
DALKEITH, EH22 3FR

131 669 4400

Email: courseinfo@edinburghcollege.ac.uk **Website:** www.edinburghcollege.ac.uk

NEWBATTLE ABBEY COLLEGE

Scotland's only adult education residential college.

Newbattle Road
DALKEITH, EH22 3LL

10131 663 1921

Email: office@newbattleabbeycollege.ac.uk
Website: www.newbattleabbeycollege.ac.uk/

LIFELONG LEARNING AND EMPLOYABILITY – (LLE)

Newtongrange residents can access a range of LLE activities by contacting:

LIFELONG LEARNING AND EMPLOYABILITY

Lawfield Primary School

and 0131 270 5697 (Administration), 0131 270 5694 (Adults) and 0131 270 5695 (Young People and Positive Destinations).

NEWBATTLE COMMUNITY LEARNING CENTRE

67 Gardiner Place

NEWTONGRANGE, EH22 4RT

A Midlothian adult learning programme; offering day and evening classes based in the Newtongrange area is available. There are a wide variety of courses and activities and you can download the programme at the web address above. Information is also available in Newbattle Community Learning Centre and Newtongrange Library.

2 0131 663 6055

Email: lle@midlothian.gov.uk

Website: Adult Learning Programme

ADULT LITERACY AND NUMERACY (ALN) & ENGLISH FOR SPEAKERS OF OTHER LANGUAGES (ESOL)

ALN can help you if you are over 16 and you want to improve your communications skills.

You can work towards an SQA certificate in; Communications /Creative writing /Numeracy / Mathematics /Basic IT /English for Speakers of Other Languages (ESOL).

Provides help with; Reading / Writing / Spelling / Spoken language / General communication / Number skills.

2 0131 270 8900

Email: ALN - neil.saddington@midlothian.gov.uk
Email: ESOL - clare.cameron@midlothian.gov.uk

Website: Adult Literacy and Numeracy

ACTIVITIES AND SERVICES FOR YOUNG PEOPLE

MIDLOTHIAN YOUTH PEOPLE'S ADVICE SERVICE (MYPAS)

176 High Street

DALKEITH, EH22 1AY

MYPAS (Midlothian Young People's Advice Service) aims to improve the health and well-being of young people aged 12 – 21. MYPAS currently works with young people in the areas of Sexual Health, Mental Health, and Substance Use. Services offered are free and confidential

2 0131 454 0757

Website: http://mypas.co.uk/ Email: enquiries@mypas.co.uk

MIDLOTHIAN YOUNG CARERS SERVICE

Units 9-10, 40 Hardengreen Business Park,

Dalhousie Road

DALKEITH, EH22 3NU

Provides support to young people aged 7-18 who find themselves caring for a dependent relative at home.

Website: http://www.children1st.org.uk/what-wedo/our-services/search-our-services/supporting-children-and-families/supporting-young-people/midlothian-young-carers-service/

2 0131 654 9540

Email: midlothian@children1st.org.uk

NEWBATTLE COMMUNITY LEARNING CENTRE

67 Gardiner Place

NEWTONGRANGE, EH22 4RT

A range of activities for young people aged 5 yrs to 18 yrs. Contact the Centre Coordinator or visit the website for up to date details of clubs and activities.

2 0131 663 6055

Website: Newbattle Community Learning Centre

THURSDAY NIGHT MUSIC PROJECT

NEWBATTLE COMMUNITY HIGH SCHOOL

1 Newbattle Way

EASTHOUSES, EH22 4SX

We support young people in experimenting with a range of instruments and technologies, developing their playing technique, musicianship, music writing and performance skills.

271 3710

Email: jake.herriot@midlothian.gov.uk

NEWTONGRANGE STAR YOUTH DEVELOPMENT ACADEMY

New Victoria Park Dalhousie Road NEWTONGRANGE

Email: n.s.y.d.a.info@gmail.com

SCOUTS / CUBS / BEAVERS

Scout Hall Park Road

NEWTONGRANGE

- Friday Beavers (6-8 yrs)
- Friday Cubs (8-10.5 yrs)
- Wednesday Scouts (10.5-14 yrs)

Website: www.midlothianscouts.com/groups/21st/

Email: 21st@midlothianscouts.com

12 PLATOON ARMY CADETS

12 Dalkeith Place

EASTHOUSES INDUSTRIAL ESTATE, EH22 4DJ

2 01506 856698

Website: Lothian and Borders Army Cadets

Email: 650darc@armymail.mod.uk

1739 (2ND MIDLOTHIAN) SQUADRON AIR TRAINING CORPS

Dalhousie Road NEWTONGRANGE

Parade Nights: Monday & Thursday

Parade Times: 19.00 - 21.30

2 0131 561 9811

Email: oc.1739@aircadets.org

NEWTONGRANGE CHILDREN'S GALA DAY

Junior / Youth Volunteers

Website: www.newtongrangegala.org

Email: newtongrange.galacommittee@gmail.com

GIRLS BRIGADE

Newtongrange Church Hall

NEWTONGRANGE

Meet Tuesday evenings, 6.30pm

2: 07789 755651

Email: lindakanderson@yahoo.com

ACTIVITIES AND SERVICES FOR YOUNG PEOPLE

GUIDES / BROWNIES / RAINBOWS NEWTONGRANGE BROWNIES

NEWTONGRANGE Meet Tuesday evenings

2 0131 226 4511

Website: www.girlquidingmidlothian.org.uk Email: reception@girlquiding-scot.org.uk

STAR A CYP CLUB FOR YOUNG PEOPLE BOYS AND GIRLS

Football Complex Bryans Road / Newtongrange Parl Under 9's Tuesday and Thursday 18:00 to 19:30 Under 11's Wednesday and Friday 18:00 to 20:00

Email: n.s.y.d.a.info@gmail.com

NEWTONGRANGE PIPE BAND

Stars Club Dalhousie Road **NEWTONGRANGE**

Monday and Thursday 19:00 to 21:00

TAE KWON DO

Newtongrange Primary School Sixth Street **NEWTONGRANGE** Age 5 - 11 - Wednesday 3.30

JEWEL KARATE CLUB

Newbattle Community Learning Centre 67 Gardiner Place NEWTONGRANGE, EH22 4RT Thursday evenings

2 0131 663 6055

SOUTHSIDE DANCE SCHOOL

Newtongrange Church Main Street **NEWTONGRANGE** 15.00 - 20.00 Mondays

MIDLOTHIAN COUNCIL

There are also facilities provided by Midlothian Council in:

Tone Zone – with apparatus for teenagers Library – IT Suite, DVD, Music CD, Newspapers, and book lending

NEWTONGRANGE SILVER BAND YOUTH SECTION

Band Hall Dalhousie Road **NEWTONGRANGE**

Age n/a Monday and Thursday x to ypm **Website:** www.newtongrangesilverband.com/

Email: <u>nsbsecretary@gmail.com</u>

LGBT YOUTH SCOTLAND

We are here to help support lesbian, gay, bisexual and transgender young people. You can get in touch with us in a number of ways if you have a question, need advice, or support, or are just looking for someone to talk to.

2 0131 555 3940

Email: info@lqbtyouth.orq.uk Website: www.lqbtyouth.org.uk/ Text: 'info' to 07786 202370

MIDLOTHIAN YOUTH PLATFORM (MYP)

MYP exists to help make the county of Midlothian a better place for young people.

They work with the following aims:

- To represent young people's voices in the Midlothian area
- To give young people a chance to express their views
- To promote a positive image of young people
- To encourage young people to contribute and get involved in their community and local democracy

For further details go to our *Midlothian Youth* Platform Facebook page.

270 5777

ACTIVITIES AND SERVICES FOR OLDER PEOPLE

MIDLOTHIAN COUNCIL

There are telephone numbers & links to a range of locally based and national services at the website listed below.

You can also access a *Directory of Services for Older People* at the website.

Website: Care and support for an elderly person Email: swccenquiries@midlothian.gov.uk

2 0131 271 3900

AGE SCOTLAND

Causewayside House 160 Causewayside EDINBURGH, EH9 1PR

a 0333 32 32 400 (General Enquiries)

2 0800 12 44 222 (Helpline)

Website: http://www.ageuk.org.uk/scotland/

Email: Form on Website

ST DAVID'S BRADBURY DAY CENTRE

57 St. David's NEWTONGRANGE

EH22

2 0131 66 01285

Website: www.stdavidsbradburydaycentre.org.uk/
Email: info@stdavidsbradburydaycentre.org.uk

ALZHEIMER SCOTLAND

Alzheimer Scotland 3 Edinburgh Rd, DALKEITH, EH22 1LA

2 0131 654 1114

🕿 0808 808 3000 - Free 24 Hour Helpline

Website: www.alzscot.org/
Email: alzscot.org

INFORMATION AND SUPPORT DROP-IN

Tuesdays 9.45 — 12.00 noon Hosted by Newtongrange Library St David's

NEWTONGRANGE, EH22 4LG

Find out about local things to do, places to go. Get support and information & advice / tips on how to live well. If interested, you will also have the opportunity to take part in sporting reminiscence, indoor bowling, kurling, or putting.

Contact Louise Paul (Living Well Team)

2 0131 537 9849

Email: louise.paul@nhslothian.scot.nhs.uk

AGEING WELL

Sport and Leisure

2nd Floor, Midlothian House

Buccleuch Street

DALKEITH, EH22 1DN

Ageing Well aims to help older people maintain their wellbeing through various activities.

a 0131 561 6506 **Website:** <u>Ageing Well</u>

RED CROSS

CALENDAR OF EVENTS FOR OLDER PEOPLE

Website: http://weebreak.org/places-to-go/whats-

on-in-your-area/

THE SILVER LINE: HELPLINE FOR OLDER PEOPLE

The only free confidential helpline providing information, friendship and advice to older people, open 24 hours a day, every day of the year.

2 0800 4708090

Website: www.thesilverline.org.uk/ Email: info@thesilverline.org.uk

NEWTONGRANGE CHURCH FRIENDSHIP GROUP

Wednesday afternoons, 2.00 - 3.00

September - May

Newtongrange Church Hall

An informal, friendly group where you can meet people, chat and socialise, outings and speakers

2 07789 755651

Email: <u>lindakanderson@yahoo.com</u>

MIDLOTHIAN COUNCIL LEISURE FACILITIES AND LIBRARIES

NEWBATTLE COMMUNITY CAMPUS

LEISURE

1 Newbattle Way

EASTHOUSES, EH22 4SX

2 0131 561 6740

The campus provides a versatile range of facilities for community use including, Tone Zone, Dance Studio, 6 Court Badminton Hall, Games Hall, Multi-purpose Room, 3G pitch and Café. See website for programmes.

Website: Newbattle Community Campus Email: newbattle.cc@midlothian.gov.uk

SWIMMING

The campus provides a versatile range of facilities for community use, including 25m, 6 lane pool, spa, sauna and steam room. See website (above) for details of opening times

Website: Newbattle Community Campus Email: newbattle.cc@midlothian.gov.uk

LIBRARY

In addition to a wide selection of books, including large print, audio, and e-books, there are newspapers, magazines, CDs, DVDs, bus timetables, concessionary travel, and community information. Free internet access is available. Computer tuition for beginners can be arranged. Children's services include weekly bookbug sessions, summer reading schemes, regular arts & crafts and storytelling events.

2 0131 561 6745

Website: Newbattle Library

Email: newbattle.library@midlothian.gov.uk

CAFÉ

Uses local and Scottish suppliers where possible and can do outside catering, from buffets to weddings, provide party boxes or catering for children's parties.

The café has Wi-Fi.

For details of menu click on the Website link or use email address below

Website: Newbattle Community Campus Café Email: newbattle.cc@midlothian.gov.uk

DALKEITH LIBRARY & ARTS CENTRE

2 White Hart Street
DALKEITH, EH22 1AE

☎ 0131 663 2083

Website: Dalkeith Library

Email: dalkeith.library@midlothian.gov.uk

OTHER LEISURE ACTIVITIES

NEWBATTLE GOLF CLUB 35 Abbey Road DALKEITH, EH22 3AD ☎ 0131 663 1819 Website: www.newbattlegolfclub.com/ Email: secretary@newbattlegolfclub.com NEWTONGRANGE STAR JUNIOR FC	NATIONAL MINING MUSEUM SCOTLAND Lady Victoria Colliery NEWTONGRANGE, EH22 4QN 10131 663 7519 Website: http://nationalminingmuseum.com/ Email: enquiries@nationalminingmuseum.com NEWBATTLE BOWLING CLUB
(includes community access to 3g Astro pitch) New Victoria Park Dalhousie Road NEWTONGRANGE, EH22 4NG ☎ 0131 663 3362 Email: tommygsmith@hotmail.co.uk	Murderdean Road NEWTONGRANGE, EH22 4PD ☎ 0131 663 0728 Email: newbattlebc@gmail.com
NEWTONGRANGE SILVER BAND Band Hall, 14 Dalhousie Road NEWTONGRANGE Website: www.newtongrangesilverband.com/ Email: nsbsecretary@gmail.com	WOLFSTAR ARCHERS Newbattle Community Learning Centre 67 Gardiner Place NEWTONGRANGE, EH22 4RT ☎ 0131 663 6055 to get further details Email: brokenbow@btinternet.com
MELVILLE GOLF COURSE AND RANGE Lasswade Road LASSWADE, EH18 1AN ☎ 0131 663 8038 Website: http://www.melvillegolf.com/ Email: golf@melvillegolf.co.uk	NITTEN FOLK CLUB Meets between 8.30 - 11pm every Thursday at the Dean Tavern Main Street NEWTONGRANGE Website: www.nittenfolk.co.uk/ Email: nittenfolk@btinternet.com
NEWTONGRANGE CHILDREN'S GALA DAY Website: www.newtongrangegala.org Email: newtongrange.galacommittee@gmail.com	

SERVICES FROM OTHER ORGANISATIONS WORKING IN THE AREA

VOCAL MIDLOTHIAN CARER CENTRE

30/1 Hardengreen Estate

Dalhousie Road

DALKEITH, EH22 3NX

VOCAL supports unpaid carers in Midlothian, our Carer Support Team works with carers on a one-to-one basis to help identify the issues affecting them and achieve the best possible outcome. We also have learning opportunities available and social activities/groups that are open to all carers.

2 0131 663 6869

Website: www.vocal.org.uk Email: midlothian@vocal.org.uk

MIDLOTHIAN VOLUNTARY ACTION (MVA)

4/6 White Hart Street DALKEITH, EH22 1AE

Contact staff by phone or email to obtain information about the wide range of support and services that MVA can offer.

2 0131 663 9471

Website: www.mvacvs.org/ Email: info@mvacvs.org.uk

VOLUNTEER MIDLOTHIAN

32/6 Hardengreen Industrial Estate DALKEITH, EH22 3NX

Individuals - Free advice & guidance on how to volunteer and where to volunteer.

Organisations - Support and advice to help develop, increase and promote volunteering opportunities

2 0131 660 1216

Website: www.volunteermidlothian.org.uk/ Email: info@volunteermidlothian.org.uk

WOMEN'S AID – EAST AND MIDLOTHIAN

A confidential service that provides valuable information, support and temporary accommodation to women and their children who have experienced domestic abuse

Website: http://www.womensaideml.org/

2 0131 561 5800

MIDSPACE - ONLINE INFORMATION SERVICE

Midlothian's online source of Mental Health and Wellbeing information

Website: http://midspace.co.uk/

HOME LINK FAMILY SUPPORT

Services offered include:

Midlothian Young Parents Support Service: a home visiting support for young parents with children aged 3 or under

Family Support Service: a home visiting support for parents/carers with children under 5 years of age Systemic Family Counselling Service: a unique therapeutic service for the whole family in their own home, for families with children aged o-18. Priority will be given to families with children in their early years.

2 0131 661 0890

Website: www.homelinkfamilysupport.org
Email: info@homelinkfamilysupport.org

FORWARD MID

Forward MID aims to raise the awareness of challenges and opportunities that exist for disabled people both locally and nationally. (See Website for details of a wide range of service and support offered including <u>The Directory For Disabled People</u>).

2 0131 663 9471

Website: www.forwardmid.org.uk/index.html

Email: eric.johnstone@mvacvs.org.uk

SOCIAL ENTERPRISE ALLIANCE MIDLOTHIAN

(SEAM) Based in MVA Office

SEAM is a cross-sector partnership of agencies involved in the provision of support, training, guidance, and services for social economy organisations based and/or working in Midlothian.

2 0131 663 9471

Website: http://www.mvacvs.org

Email: development@seamidlothian.co.uk

DALKEITH CITIZENS ADVICE BUREAU

8 Buccleuch Street Dalkeith EH22 1HA

2 0131 660 1636 or 0808 800 9060

Website: <u>www.cas.org.uk/bureaux/dalkeith-and-</u>district-citizens-advice-bureau

ALSO

Outreach at MAEDT office, 12 Bogwood Court, **2** 0131 663 5527 for details.

MAYFIELD AND DISTRICT BREAST FEEDING SUPPORT GROUP

Contact Your Health Visitor

SERVICES FROM OTHER ORGANISATIONS WORKING IN THE AREA

ENABLE SCOTLAND

1b Colliery Court
McSence Business Park
32 Sycamore Road
DALKEITH, EH22 5TA



In Midlothian Local Area Co-ordinators work alongside people to enable them to become more confident, supporting them to achieve their dreams and to build good lives.

We also work alongside communities, groups, and organisations, supporting them to become more welcoming and inclusive - Children and adults (up to 64 years) with learning disability; physical disability; sensory impairment; and their families.

2 0131 454 1785

Website: www.enable.org.uk

Email: catherine.acton@enable.orq.uk

2 07889 456267

MIDLOTHIAN PLAYBASE RESOURCE CENTRE

Newbattle Community Learning Centre 67 Gardiner Place

NEWTONGRANGE, EH22 4RT

Provides a range of quality resources aimed at supporting and encouraging a child's learning through play. Resources support all areas of a child's development and offer broader and richer learning through play experiences.

a o131 654 9990 or **Mobile** 077406 79027 **Website**: www.midlothianplaybase.org

Email: playbase@btconnect.com

PLAY MIDLOTHIAN

10 Woodburn Road DALKEITH, EH22 2AT

Play Midlothian provides play services for children across Midlothian, including playschemes, outdoor

play sessions, and family play sessions. **Website:** www.playmidlothian.org.uk **Email:** info@playmidlothian.org.uk

2 0131 663 2243

HOUSING

MIDLOTHIAN COUNCIL

Housing Office in Dalkeith

Buccleuch House

1 White Hart Street

DALKEITH

2 0131 271 3628 – Reception

271 3397 – Homelessness

Website: Housing

Email: housing.enquiries@midlothian.gov.uk

CASTLE ROCK EDINVAR HOUSING ASSOCIATION

Head Office

1 Hay Avenue

EDINBURGH, EH16 4RW

a 0131 657 0600 or repairs 0800 432 0007

Website: www.castlerockedinvar.co.uk/

Email: customer@castlerockedinvar.co.uk

CASTLE ROCK EDINVAR HOUSING

ASSOCIATION

ST ANNE'S - SHELTERED HOUSING

St Anne's Main Street

NEWTONGRANGE, EH22 4NQ

2 0131 663 0413

DUNEDIN CANMORE HOUSING ASSOCIATION

8 New Mart Road

EDINBURGH, EH14 1RL

a 0131 478 8888 or repairs 0800 783 3613 **Website:** www.dunedincanmore.org.uk/ **Email:** housing@dunedincanmore.org.uk

ANTISOCIAL BEHAVIOUR

If you are experiencing problems with antisocial behaviour simply call the hotline

2 0131 271 6677 or

Website: Antisocial Behaviour Email: asb@midlothian.gov.uk

HEALTH SERVICES- HOSPITALS, GENERAL PRACTICE AND HEALTH CLINICS

HOSPITALS

Nearest Accident and Emergency Hospital (Approximately 6 miles) is the Royal Infirmary of Edinburgh. The nearest Accident and Emergency for children is the Royal Hospital for Sick Children (8 miles).

Website: www.nhslothian.scot.nhs.uk

ROYAL INFIRMARY EDINBURGH

Old Dalkeith Road

51 Little France Crescent

EDINBURGH, EH16 4SA

Lothian Buses service **33** - every 15 minutes Mon-Sat daytime, every 30 mins evenings and Sundays).

2 0131 536 1000

Website - www.nhslothian.scot.nhs.uk

MIDLOTHIAN COMMUNITY HOSPITAL

70 Eskbank Road

BONNYRIGG, EH22 3ND

Lothian Buses service 39 - every hour, Mon-Sat daytime, no evening, or Sunday service. Also nearby Lothian Buses service 29 [stops at Tesco Eskbank].

2 0131 454 1001

ROYAL HOSPITAL FOR SICK CHILDREN

9 Sciennes Road

EDINBURGH, EH9 1LF

Lothian Buses service 33 - travel to the Queens Hall on Clerk Street then walk to Royal Hospital for Sick Children (9 mins approx).

2 0131 536 0000

THIS WILL MOVE TO LITTLE FRANCE (estimated to be 2018).

Services

There is not an Accident and Emergency department at the Community Hospital. Services provided include: Outpatient departments, GP out of hours services and older people's inpatient services Visitors and users of Midlothian Community Hospital travelling on Lothian Buses service 39 can ride right to the hospital - the 39 bus stop is nearer hospital main entrance than the car park.

GENERAL PRACTICE & HEALTH CLINICS

NEWBATTLE MEDICAL PRACTICE

Blackcot Drive

MAYFIELD, EH22 4AA

2 0131 663 1051

Website: www.newbattlemedicalpractice.co.uk/

DALKEITH MEDICAL PRACTICE

24-26 St Andrew Street DALKEITH, EH22 1AP

2 0131 561 5500

Website: www.dalkeithmedical.gpsurgery.net/ (You may also use the group practice in Gorebridge)

DENTIST CHEMIST LLOYDS PHARMACY NEWTONGRANGE DENTAL PRACTICE 125 Main Street 5 Station Rd NEWTONGRANGE, EH22 4NB NEWTONGRANGE, EH22 4PF **2** 0131 654 2377 **2** 0131 663 2251 (You can also access dentists in Mayfield and (also Newbattle Medical Centre, 2 0131 663 0129) Dalkeith) **Dental and Mouth Problems** Common illnesses or advice on medicines When you have problems with your teeth, gums or Your pharmacist can provide advice and treatment mouth, contact your dentist. If you are not for many common conditions and illnesses such as allergies and Eczema, Conjunctivitis, Headache, registered with a dentist you can go to the walk-in Sinusitis and Sore Throats. centre at the Chalmers Dental Centre, 3 Chalmers St EDINBURGH, EH₃ 9EW Ask your pharmacist or go online to www.npa.co.uk or www.medicinechestonline.com **2** 0131 536 4800 **FOOT PROBLEMS** Some people (elderly, children, and people on certain benefits) are eligible to register with the People manage most foot problems themselves.

You can get further advice and treatment by going to www.nhsinform.co.uk/msk/lowerbody/foot/ Read the section on foot problems, or ask for a podiatry referral form at your GP practice reception

NHS Minor Ailment Service. This entitles you to advice and free treatment from your pharmacist for a wide range of minor illnesses and conditions.

MAKING THE RIGHT CHOICES ABOUT YOUR HEALTH

There are many services that can help.

SELF CARE

The most important person in the National Health Service is you! We want you to be healthy and self-care is an important part of health care. The Self Care Forum provides good advice on how to look after yourself – go to www.selfcareforum.org and look at the Patient Portal.

NHS 24 has a self-help guide at www.treatyourselfbetter

Phone NHS 24 to speak to someone about a health problem, \$\mathbb{\textit{m}}\)111.

You should only phone the NHS 24 helpline:

- if you or someone you know is unwell
- When your doctor's surgery is closed and you feel it cannot wait until it re-opens.

A Health A-Z is at www.nhsinform.co.uk **2** 0800 22 44 88 for advice.

GP PRACTICE NURSE

Do not forget to use your practice nurse - they are experienced in dealing with many conditions such as high blood pressure, asthma, and diabetes and a range of minor illnesses such as chest, urine and ear infections as well as skin conditions. Many can prescribe medication and arrange investigations. Nurse appointments are often quicker to get than GP appointments.

MUSCLE AND JOINT PROBLEMS

For muscle and joint problems such as back pain, neck pain, shoulder problems, sciatica, torn muscles, knee or hip pain you can get advice and, if necessary, an appointment to see a physiotherapist directly by calling 20800 917 9390 or go to www.nhsinform.co.uk/msk/overview/

EYE PROBLEMS

If you have any problem with your eyes (not just sight-related), make an appointment at any high street optician. You can also get advice at http://patient.info/health/eyes-1326

MAKING THE RIGHT CHOICES ABOUT YOUR HEALTH

Where should I go if I am ill? There are many services that can help.

MID AND EAST LOTHIAN DRUGS (MELD)

6a Newmills Road

DALKEITH, EH22 1DU

Aims to reduce the harm associated with substance misuse by providing free and confidential services for individuals whose lives are affected by drugs/ or alcohol.

Provided in a variety of settings across Mid and East Lothian services include information, advice, support, client work with a counselling approach, needle exchange, family support groups, working with offenders, group work and auricular acupuncture.

2 0131 660 3566

Website: www.meld-drugs.org.uk Email: office@meld-drugs.org.uk

SUBSTANCE MISUSE SERVICE MIDLOTHIAN

Glenesk Centre 1/5 Duke Street

DALKEITH, EH22 1BG

The service brings together nurses, doctors, social workers, and psychologists. It specialises in the assessment, care, and treatment of people who have problems related to alcohol and/or drug misuse. The service supports people to make positive changes to their lives.

2 0131 660 6822

HEALTHY LIVING

For advice on healthy eating, exercise and stopping smoking go to www.nhs.uk/livewell/Pages/Livewellhub.aspx
If you want to stop smoking, speak to your pharmacist or go to www.ash.org.uk.
If you are interested in exercise go to www.activemidlothian.org.uk
If you have a long-term health condition then contact the Living Well team 20131 537 9849.

INFANTS AND TODDLERS

You can get advice and treatment for most problems your child may have from your Health Visitor. Ask your GP practice reception for your health visitor's phone number. Alternatively go to www.whenshouldiworry.com for advice on common illnesses.

DEPRESSION, ANXIETY AND MENTAL WELL-BEING

If you are depressed, anxious, or have a mental health problem there are a number of different organisations that can help:

MIDSPACE provides an overview of all local mental health services - <u>www.midspace.co.uk</u>

Breathingspace offers someone to talk to if your thoughts and feelings are overwhelming you – www.breathingspace.scot ☎ o8oo 83 85 87.

The *Orchard Centre* in Bonnyrigg supports all Midlothian with a range of services - go to www.health-in-mind.org.uk at 0131 663 1616.

If you have a life crisis that you cannot manage call *Midlothian Early Intervention Crisis Response Service* o131 663 5533.

Call the Samaritans on \$\mathbb{\alpha}\$ 116 123 "you don't have to be suicidal to talk to us".

POLICE, FIRE AND AMBULANCE - IN AN EMERGENCY CALL '999'

POLICE SCOTLAND

Newbattle Road

DALKEITH, EH22 3AX

🕿 0131 663 2311 or

101 - Non-Emergency

Email: midlothiansouthcpt@scotland.pnn.police.uk

Website: www.scotland.police.uk/

AMBULANCE - 🕿 999 - ask for an 'ambulance'

SCOTTISH FIRE AND RESCUE SERVICE

Dalkeith Fire Station 36 Abbey Road

DALKEITH, EH22 3AD

2 0131 228 2401

Website: www.firescotland.gov.uk/

LOCAL AREA REPRESENTATION

NEWTONGRANGE COMMUNITY COUNCIL

The Newtongrange Community Council meets on the last Tuesday in the month, currently at Newbattle Community Learning Centre, 67 Gardiner Place. Minutes from the community council's meetings are on display in the Library, the community notice boards opposite the Library on Main Street and in the Park.

Meetings are held on the last Tuesday of the month in Newbattle Community Learning Centre, 67 Gardiner Place. They are open for members of the public to attend.

Chairperson: Vacancy

Secretary: James Smith **Email:** <u>newtongrange.community.council@gmail.com</u>

MIDLOTHIAN COUNCILLORS REPRESENTING MIDLOTHIAN SOUTH

Catherine Johnstone - Scottish National Party

Surgery: Newtongrange Library, 1st Tuesday of month from 6:30 - 7:30 pm

271 3018

Email: catherine.johnstone@midlothian.gov.uk

James Muirhead - Labour

Surgery: Newbattle Community Learning Centre 6.00 – 7.00 pm & Newtongrange Library, last Saturday

of the month, 10.00 - 11:00 (contact for exact dates)

271 3007

Email: jim.muirhead@midlothian.gov.uk

Kieran Munro - Scottish Conservative And Unionist Party

Surgery: Please call on the number below or contact by email

271 3100

Email: kieran.munro@midlothian.gov.uk

MEMBER OF THE SCOTTISH PARLIAMENT - MIDLOTHIAN SOUTH, TWEEDDALE, AND LAUDERDALE

Christine Grahame - Scottish National Party

The Scottish Parliament Edinburgh, EH99 1SP

2 0131 348 5729

Website: http://www.christinegrahame.com
Email: christine.grahame.msp@parliament.scot

MEMBER OF UK PARLIAMENT - MIDLOTHIAN

MEMBER OF UK PARLIAMENT - MIDLOTHIAN

Danielle Rowley - Scottish Labour Party

97 High Street,

DALKEITH, EH22 1AX

2 0131 663 9675

Email: danielle.rowley.mp@parliament.uk

MEMBER OF SCOTTISH YOUTH PARLIAMENT (MSYP) - MIDLOTHIAN NORTH AND MUSSELBURGH

Megan Kay & Lara Adams

Website: www.syp.org.uk/

EMPLOYMENT	
BUTLERFIELD INDUSTRIAL ESTATE	LADY VICTORIA COLLIERY BUSINESS CENTRE
BONNYRIGG, EH19 3JQ	NEWTONGRANGE, EH22 4QN
NEWBATTLE INDUSTRIAL ESTATE	HARDENGREEN BUSINESS PARK
NEWTONGRANGE, EH22 4RS	Dalhousie Rd,
	DALKEITH, EH22 3NU
The nearest job centre is located in Dalkeith:	Midlothian Council Vacancies
Dalkeith Jobcentre Plus	40-46 Buccleuch Street
7 Buccleuch Street	DALKEITH, EH22 1DN
DALKEITH, EH22 1HB	Website: Jobs and Training
2 0131 456 4700 or 0345 604 3719	Email: recruitment@midlothian.gov.uk
Website: http://los.direct.gov.uk/	

Newtongrange has retail and other businesses who are employers; Midlothian Council in Dalkeith is a large employer as is Edinburgh in the area for both white and blue-collar workers - in walking or cycling distance.

PLACES OF WORSHIP	
NEWTONGRANGE PARISH CHURCH	ST LUKE'S AND ST ANNE'S RC CHURCH
Main Street	2A Stone Place
NEWTONGRANGE	MAYFIELD, EH22 5PG
2 0131 663 3245	2 0131 663 4286
Website: www.newbattleparish.org/	Website: www.stdavidsdalkeith.co.uk/
ESKBANK AND NEWBATTLE PARISH	MADINAH MASJID & COMMUNITY CENTRE
Church of Scotland	Mosque and Community Centre
Newbattle Road	12A Lothian Street
DALKEITH, EH22 3LH	BONNYRIGG
2 0131 663 3245	2 07593 725984
Website: www.newbattleparish.org/	Website: www.facebook.com/MMCCBonnyrigg/
	Email: midlothian.muslim.cc@gmail.com
CHURCH OF JESUS CHRIST OF LATTER DAY	EDINBURGH CENTRAL MOSQUE
SAINTS	50 Potterrow
Newbattle Rd	EDINBURGH
DALKEITH, EH22 3LJ	Website: www.edmosque.org/
2 0131 654 0630	2 0131 667 1777
EDINBURGH HINDU MANDIR & CULTURAL	CHURCH OF CHRIST
<u>CENTRE</u>	St David's
St Andrew Place, Leith	NEWTONGRANGE
EDINBURGH, EH6 7EG	
2 07890 726117	
Email: info@edinburghhindumandir.org.uk	
Website: www.edinburghhindumandir.org.uk/	

VENUES FOR MEETINGS AND ACTIVITIES *

*See Websites or use contact telephone numbers for more information

DEAN TAVERN

80 Main Street,

NEWTONGRANGE, EH22 4NA

Meeting Room, Restaurant, Function Hall with

integral bar. **2** 0131 663 2419

Website: www.deantavern.co.uk/

Email: www.deantavern.co.uk/Contact.html

NEWTONGRANGE CHURCH HALLS

Main Street

NEWTONGRANGE

Small Hall, Large Hall, Meeting Room and self-help

kitchen.

Email: gina.mcb@btopenworld.com/

LODGE NEWBATTLE ST MARY 1063

Newbattle Road

NEWTONGRANGE, EH22 4AD

Hall with integral bar

Website: http://lodge1063.co.uk/

Email: Form on Website

2 0131 663 3401

NEWTONGRANGE STAR FOOTBALL CLUB

New Victoria Park Dalhousie Road NEWTONGRANGE

Hall and lounge with associated bar & kitchen. Changing rooms in separate building with

Committee Room 7588 362160

Website: http://www.newtongrangestar.org/

Email: tommygsmith@hotmail.co.uk

NATIONAL MINING MUSEUM SCOTLAND

Murderdean Road NEWTONGRANGE

Function Room, Meeting Room, Diamond Theatre, with associated cafe and bar. Cinema

screenings.

2 0131 663 7519

Website: http://nationalminingmuseum.com/ Email: enguiries@nationalminingmuseum.com/ 21st MIDLOTHIAN SCOUT GROUP

SCOUT HALL

Park Road

NEWTONGRANGE Main Hall, Side Hall

Website: www.midlothianscouts.com/groups/21st/

Email: 21st@midlothianscouts.com

NEWBATTLE COMMUNITY LEARNING CENTRE

67 Gardener Place

NEWTONGRANGE, EH22 4RT

General purpose room, meeting room, full-sized Gym hall, small hall, youth activities/training

room, crèche, kitchen/coffee bar

2 0131 663 6055

Email: jill.marsh@midlothian.gov.uk

NEWTONGRANGE LIBRARY

St David's

NEWTONGRANGE,

EH₂₂ 4LG

2 0131 663 1816

Website: Newtongrange Library

Email: newtongrange.library@midlothian.gov.uk

CIVIC AMENITIES RECYCLING CENTRE Stobhill Road Gowkshill GOREBRIDGE, EH22 4NU Opening Times Monday - Sunday 9:30am - 4:15pm

LOCAL SERVICES

There is a range of local shops and services in the Main Street and Station Road including:

- Bicycle Repair shop
- Cafe
- Carpet Shop
- Chemist
- Convenience Stores
- Dog Grooming
- Florists
- Barber/Hairdressers / Beauticians

- Hardware Store
- Medium-sized supermarket with car parking
- Photographers
- Picture Framing
- Post Office

NOTES

Please Note

- A digital version (the latest version) of this document can be found on the Midlothian Council website at the following address: <u>Community Directories</u>
- If your group would like to have an entry in this document or you wish to suggest an amendment to information in this document please contact your local Communities Officer.

MIDLOTHIAN COUNCIL COMMUNITIES TEAM

Midlothian Council's Communities teamwork with local community based groups and organisations across Midlothian to support them to develop services within their area.

This work includes:

- Supporting an managing a small & large grants programme
- Supporting Neighbourhood Planning across Midlothian
- In addition to coordination and support to the Federation of Community Councils, the team also support local community councils.
- Armed Forces Community Covenant

The Communities Officer for the Newtongrange area is:

Paul Johnson

0131 270 6744 07786 215991

Email: paul.johnson@midlothian.gov.uk